

## BTEC Award in Home Cooking Skills -

This qualification teaches students how to prepare nutritious meals safely and independently.

It includes:

- basic cooking techniques and recipes
- food hygiene and kitchen safety
- meal planning and budgeting

Students are assessed through practical cooking tasks and written reflections. It's perfect for building life skills and confidence in the kitchen and supports healthy living.

(There are options for a level 1 and a level 2)

## Entry Level Science

This course provides a foundation in science for students who benefit from a more accessible curriculum.

It covers:

- basic concepts in biology, chemistry, and physics.
- simple experiments and observations.
- real-life applications of science.

Assessment is through teacher-marked assignments and a short test, with a focus on practical understanding rather than complex theory. It's designed to support progression and engagement in science.

## PE - Level 1

This is an introductory course in physical education designed for students who benefit from a more practical and accessible approach. It covers:

- basic fitness and training principles.
- participating in team and individual sports.
- understanding healthy lifestyles and the role of physical activity.

Students complete coursework and practical assessments, with a focus on building confidence, teamwork, and physical wellbeing. It's ideal for learners who enjoy being active and learning by doing.

## Functional Skills in English

Functional Skills English helps students develop essential communication skills for everyday life, work, and further education. Topics include:

- Reading: Understanding instructions, articles, and everyday texts
- Writing: Composing emails, letters, and reports clearly and accurately
- Speaking & Listening: Taking part in discussions and presentations

Assessment is through practical tasks and exams, with real-world scenarios. It's suitable for students who need a more applied alternative to GCSE English.

(There may be an option of Entry Level)



## Entry Level 3 Digital Functional Skills

This course helps students build basic digital skills for everyday life. It includes:

- using devices like computers and tablets
- creating and editing documents
- communicating online (e.g. email, messaging)
- staying safe online
- using digital tools for shopping and services

It's designed for learners who are new to digital technology or need extra support.

Assessment is online and externally marked, with a pass/fail result.

It's a great starting point for building confidence and preparing for further learning or work.

## Functional Skills in Mathematics

This course focuses on practical maths skills used in daily life and the workplace.

Students learn to:

- use numbers and measurements confidently.
- manage money and budgets.
- interpret data and solve problems.

Assessment is through real-life tasks and written exams, making it a good fit for students who prefer applied learning over abstract theory.

(There may be an option of Entry Level)

## Unit Awards Art

This course lets students earn certificates for completing small, practical art projects. It's great for building confidence and recognising progress.

What students do:

- Try out different art techniques like drawing, painting, or sculpture
- Learn about artists and styles
- Create artwork based on themes or ideas

How it's assessed:

- No exams
- Students complete short tasks
- Teachers collect evidence (photos, notes, artwork)
- AQA gives a certificate for each unit completed

## Unit Awards PHSE/Careers

This course helps students explore important life topics in a practical and accessible way. It includes units on:

- relationships and families
- health and wellbeing
- respect, safety, and decision-making
- citizenship and personal finance

Each unit is short and focused, making learning manageable. Students receive an AQA certificate for every unit they complete, which helps build confidence and motivation. There are no exams, and learning is tailored to individual needs.

The PHSE Association is followed for the PHSE curriculum.